

Trolls Parent Handout

Our goal for the Trolls program is for your child to have a **fun** and **safe** experience while improving their skiing or snowboarding. Especially for younger participants, covering some guidelines with your child prior to the start of the program will help them feel more comfortable with their day on the slopes.

GUIDELINES –

1. Label **all** (boots, poles, jackets, etc..) equipment in advance. Chances are other kids will have the same or similar equipment. Please make an effort with your child on identifying their equipment.
2. Practice at home putting on boots and stepping / strapping into bindings. Do not tuck pants into ski or snb boots. Address any equipment issues so your child is not frustrated at the ski hill.
3. Have a way of containing equipment for transport. Use ski / snowboard bags, ski straps, bungee cords, etc...whatever works for your child. Note: Skis / snowboards go in the cargo area. Boots go in the passenger area.
4. Arrive at Hinsdale Central no later than 7:15 am to give your child time to find and get settled on their bus without feeling rushed. Buses leave at 7:30 sharp. We arrive back home at approx. 4:45pm.
5. Buses are labeled by age and number. Please have your child load on the appropriate bus, chaperones will be present to help you and your child in the morning, and afternoon.
6. During the bus ride to the ski hill, chaperones take role call and collect the trip fee of \$60.00, if written check please make payable to **Snowbusters Ski Club**.
7. **VERY IMPORTANT.** Tell your child to make a mental note of the location of “our” buses so they can find their bus at the end of the day. Other programs are at the same ski areas too with similar looking buses. Our buses have Hinsdale Trolls signs but instruct them to ask the chaperone or bus driver to be sure the bus is going back to Hinsdale.
8. Encourage your child to take the ski / snowboard lesson. Lessons are for all ability levels and will help them ski / snowboard better and more safely. Bus chaperones will direct the children to lessons directly after unloading from the buses.
9. Let your child know that there is a Trolls Booth inside the lodge at the ski area where an adult chaperone can help them if needed. If you are picking up your child from the ski area you must sign out with a chaperone at the Trolls Booth.

10. The buses are supervised and are locked during the day. Your child may leave belongings on the bus that are not needed on the hill. There are also lockers available in the lodge if needed. Sack lunches labeled with your child's name, (if you pack) can be kept at the Trolls Booth.
11. Equipment should be locked when not in use. Have your child practice opening their lock and locking their equipment. Racks for locking equipment are at the bottom of the hill. Locks are available here at King Keyser.
12. Helmets are *strongly* encouraged. The majority of serious injuries are head injuries. Injuries requiring medical attention will be addressed by Ski Patrol. If needed, kids will be transported by ambulance to a nearby hospital.
13. When at Wilmot:

AURORA HEALTH CARE in Kenosha, Wisconsin located at 10400 75th street, (Rt. 50). *If your child is admitted to a hospital you MUST drive up to meet them for your child to be released from the hospital.*

Directions from Hinsdale: 94 North to Wisconsin Rt. 50 east exit. Go ½ mile to facility on left. The Hospital Phone# is (262) 942-5600.

14. When at Alpine:

AURORA LAKELAND MEDICAL CENTER in Elkhorn, Wisconsin located at W3985 County Road NN, *If your child is admitted to a hospital you MUST drive up to meet them for your child to be released from the hospital.*

Directions from Hinsdale: 94 North to Wisconsin Route 50 West exit. Go approximately 25 miles to US 12 North, then exit 328 toward Lake Geneva, turn right on W-120 N, then left at Springfield Rd, then right at CR-NN until hospital. Hospital Phone # is (262) 741-2000

PLEASE take the time to talk to your child. Encourage safety and common-sense decision making in your child and help them to enjoy their participation in Trolls.